THE STUDENTS' DIFFICULTIES IN WRITING INTORODUCTION PART OF ESSAY AT UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG

A THESIS

By

YUSTINA IDING ANGKE

18312015



ENGLISH LANGUAGE EDUCATION
FACULTY OF TEACHER TRAINING AND EDUCATIONAL SCIENCES
UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG
2022

THE STUDENTS' DIFFICULTIES IN WRITING INTORODUCTION PART OF ESSAY AT UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG

A THESIS

Presented to Universitas Katolik Indonesia Santu Paulus Ruteng in partial fulfillment of the requirements for the Degree in Sarjana *Pendidikan Bahasa Inggris*

By

YUSTINA IDING ANGKE

18312015



ENGLISH LANGUAGE EDUATION
FACULTY OF TEACHER TRAINING AND EDUCATIONAL SCIENCES
UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG
2022

CERTIFICATE OF APPROVAL

THE STUDENTS' DIFFICULTIES IN WRITING INTORODUCTION PART OF ESSAY AT UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG

By

YUSTINA IDING ANGKE (18312015)

This thesis has been revised and approved by the advisors to be proposed to the Thesis Examining Board of English Language Education on 17th July 2022

Advisor I

Advisor II

Stanislaus Guna, M.Pd NIDN: 0816106601

Ely Heldydiana Selamat, M.Pd NIDN: 0802118701

Acknowledged by The Head of English Education Department

Stanislaus Guna, M.Pd NIDN: 0816106601

CERTIFICATE OF ACKNOWLEDGEMENT

THE STUDENTS' DIFFICULTIES IN WRITING INTORODUCTION PART OF ESSAY AT UNIVERSITAS KATOLIK INDONESIA SANTU PAULUS RUTENG

THESIS

By

YUSTINA IDING ANGKE (18312015)

This thesis has been defended and examined before the Thesis Examining Board of English Education Department on 17th July 2022

Independent Examiner

Dr. Sebastianu Menggo, M.Pd

NIDN: 0802108001

Examiner 1

Stanislaus Guna, M.Pd

NIDN: 0816106601

Examiner 2

Ely Heldydiana Selamat, M.Pd NIDN: 0802118701

Acknowledged by

The Dean of Faculty of Fearing Wraning Educational Sciences University's Knoolik Indonesia, Saibu Paulus Ruteng

Jaksimus Rogus, S.Fil., M.Si

NIDN: 0823097304

STATEMENT OF AUTHENTICITY

I declare that this thesis is my own writing, and it is true and correct that I did not take any scholarly ideas or work from others dishonestly. That all the cited works were quoted in accordance with the ethical code of academic writing.



NPM: 18312015

мото

Do not hesitate to make decisions because doubt is the biggest challenge in life. Include prayer in every effort is the best way to achieve success.

ACKNOWLEDGEMENT

First of all, the writer would like to give thanks to the Almighty God for His blessing, grace, and guidance for the writer during the process of finishing this thesis.

The writer awares that in process of finishing this thesis, there are so many people who helped and supported the writer, so she would like to give great appreciation and thanks for:

- Prof. Dr. Yohanes Servatius Boy Lon, M.A as the Rector of UNIKA St. Paulus Ruteng incuding all the staff members who helped the writer during her study.
- Stanislaus Guna., M.Pd as the Head of English Education Department at UNIKA St. Paulus Ruteng and as the first supervisor who give the guidance, support, patient, motivation and kindness for the writer in process of finishing this thesis.
- 3. Ely Heldydiana Selamat., M. Pd as the second supervisor for the ideas, support, correction, critics, motivation and patient during the process of consultation and great suggestion to the writer in completing this thesis.
- 4. All the lectures of English Education Department and the staff for the input, suggestion, information and knowledge for the writer during the process of this thesis.
- 5. My great gratitude is addressed to my beloved mother (Juliana Sim) and father (Alm. Markus Angke), my beloved brother, his wife and children (Marsel Angke, Merlin Siping, Pirlo Angke and Pedro Angke) who supported the writer both material and spiritual, gave the writer everything she needed.
- 6. My beloved relatives family (Petrus Jenamat and Yustina Nimbus) who gave the biggest support for the writer in her study because their help, prayer, and support so the writer can continue her study at UNIKA St. Paulus Ruteng and could finish her study.

- 7. A beautiful princess (Angela Frisllyera) who always gave a sweet smile to the writer so the writer is more enthusiastic in finish this study and my boy (Ridy) who in his own way gave support the writer in this study.
- 8. My lovely friends (Cika, Selin and Riani) who supported the writer since entering the college until finishing this thesis. They had the biggest motivation and support for the writer even when the writer felt depressed, confused, sad and gave up caused they knew who was the writer, and the writer felt so grateful to have and meet them in the process of her study.
- 9. For all people who help and those whom the writer cannot mention one by one.

Finally, the writer herself realizes that this thesis is far from being perfect. Dealing with this, the writer will be happy to accept all the critics, ideas in order to complete her thesis to be better.

The Writer

TABLE OF CONTENTS

TITLE	
COVER	
CERTIFICATE OF APPROVAL	iii
CERTIFICATE OF ACKNOWLEDGE	iv
STATEMENT OF AUTHENTICITY	v
MOTTO	vi
ACKNOWLEDGEMENT	vi
TABLE OF CONTENTS	ix
ASTRACT	xi
CHAPTER I INTRODUCTION	1
1.1 Background of the Study	1
1.2 Problem of the Study	7
1.3 Objectives of the Study	8
1.4 Scope of the Study	8
1.5 Significants of the Study	8
1.6 Definition of Key Term	9
CHAPTER II REVIEW OF THE RELATED LITERATURE	10
2.1 Writing	10
2.1.1 Definition of Writing	10
2.1.2 Importance of Writing	11
2.1.3 Writing Process	12
2.1.4 Aspects of Writing	15
2.2 Essay	16
2.2.1 Definition of Essay Writing	16
2.2.2 Types of essay writing	17
2.3 Introduction Part of Essay	24
2.4 The Purpose of the Introduction Part of Essay	24
CHAPTER III RESEARCH METHOD	27
3.1 Research Design	27
3.2 Subject of the Research	27
3.3 Instrument of the Research	28
3.4 Technique of Data Collecting	28
3.5 Procedures of Data Analysis	30
CHAPTER IV RESULT AND DISCUSSION	31
4.1 Result	31
4.1.1 Result of Analysis	32
4.2 Discussion	62
4.2.1 Students' Writing in Content Aspect	62
4.2.2 Students' Writing in Organization Aspect	62

4.2.3 Students' Writing in Vocabulary Aspect	62
4.2.4 Students' Writing in Language Use Aspect	62
4.2.5 Students' Writing in Mechanic Aspect	63
CHAPTER V CONCLUSION AND SUGGESTION	67
5.1 Conclusion	67
5.2 Suggestion	67
REFERENCES	69
APPENDICES	71

ABSTRACT

Angke, Yustina Iding. 2022. *The Students' Difficulties in Writing Introduction Part of Essay at Universitas Katolik Indonesia Santu Pulus Ruteng*. Advisor I: Stanislaus Guna M. Pd. Advisor II: Eli Heldydiana Selamat, M.Pd.

Writing is an activity that conveys thoughts, experiences, and knowledge into the form of a record using a literal, systematically made symbol or that can easily be understood by another person or by the reader. The subjects of this study are the third-grade students of English Education Department Faculty of Teacher Training and Educational Sciences Saint Paul Catholic University of Indonesia Ruteng. This type of research is descriptive qualitative. In collecting the data, the researcher met the lecturer of the writing subject then the researcher asked the results of the students' writing dealing with writing the introduction part of the essay.

Based on the result of this study, the researcher found that some thirdgrade students of English Education Department Faculty of Teacher Training and Educational Sciences Saint Paul Catholic University of Indonesia Ruteng had a few difficulties in writing the introduction part of the essay. From the data of the students' writing, in one hand, there were ten (10) students who had no difficulties in writing aspects of content, organization, and vocabulary. On the other hand, the most difficulties in writing the introduction part of the essay were seven (7) students who had difficulty in writing the mechanics aspect and one (1) student who had difficulty in writing the language use aspect.

Key Words: Writing, The Introduction Part of the Essay, The Essay

CHAPTER I

INTRODUCTION

In this chapter the writer discusses background of the study, problem of the study, objectives of the study, scope of the study, significant of the study and definition of the key terms.

1.1 Background of the Study

Writing is an activity that conveys thoughts, experiences, and knowledge into the form of a record using a literal, systematically made symbol or that can easily be understood by another person or by the reader. A person is said to write skillfully when such a person performs a writing activity by developing other activities to support the text, and it is also said to be successful in writing when both the writer and the reader can readily understand the language. As stated by Gie, (2002:9) writing is a person's entire series of activities that expresses the thought through written language to be read and understood by someone else. It can be ideas, thought, experiences, or anything else someone's imagination. Writing skills are skills that can be honed with various exercises or instead of just talent. In Learning at school writing skills must be mastered by students.

Writing can be done on paper media using a pen. Writing in the present day has grown rapidly since the advent of printing techniques, so, many have been diligent in writing because of the publication of their work. Many people want to write but are unable to do it. Various factors make a person have difficulty writing, such as the difficulty of expressing what he or she is thinking in the right language, and right writing as one of the four language skills is the most difficult

skill to master for foreign language learners. Writing is one of the productive skills which is closely related to the work of receptive skills (Harmer,2001:250). Students majoring in English is particular need to learn, to write, to prepare, the academic final projects, thesis writing. Writing is not just out of necessity to generate and organize ideas using appropriate choices of vocabulary, sentences, grammar, and paragraph organization but also to turn those ideas into something readable text (Ricard & Renandya, (20202:303). If there is a writing assignment, students still many have grammatical errors. Students need a lot of input and notes from lectures, especially in appointing out of grammar mistakes. This study was conducted to find out the students' difficulties in writing the introduction part of the essay so that it can help students and provide a platform for students' revision and prepare them for more writing in the future.

Almost all students are expected to write an essay or some other kind of argument, for example, review or discussion section, in a longer piece of writing. In English, an essay is a piece of argumentative writing several paragraphs long written about one topic, usually based on your reading. The aim of the essay should be deduced strictly from the wording of the title or the question and needs to be defined at the beginning. The purpose of an essay is for you to say something for yourself using the ideas of the subject, for you to present ideas you have learned in your way. The emphasis should be on working with other people's ideas, rather than reproducing their words but your voice should show clearly. The ideas and people that you refer to need to be made explicit by a system of referencing. According to Flower (1990), "students are reading to create a text of

their own, trying to integrate information from sources with ideas of their own and attempting to do so under the guidance of a purpose."

Like all learning problems, difficulties in writing can be devastating to students' education. Heaton (1975) stated that writing skill is complex and sometimes is difficult to teach. Requiring mastery is not only of grammatical and rhetorical devices but also of conceptual and judgmental elements. As student's progress, they are in singly expected to express what they know about many different subjects through writing. If a student fails to develop certain basic skills, he will be unable to write with the speed and fluency required to excel as these demands increase. Indeed, for a student's struggling with a writing problem, the writing process itself interferes with learning. The basic point that makes writing difficult is the use of language aspect or ability in writing likes punctuation, spelling grammatical, vocabulary and so on.

Many studies have been conducted to explore the EFL students' difficulties in writing the essay. Here are the previous studies dealing with the students' difficulties in writing the essay. First, the research was conducted by Ariyanti & Fitriana (2017) "EFL Students' Difficulties and Needs In Essay Writing". This research aimed to investigate the difficulties faced by EFL students in essay writing as well as explore their learning needs to have a better quality of English composition. The findings showed that students have major difficulties in grammatical, cohesion, and coherence terms. Moreover, minor aspects also had been revealed regarding students' writing, namely paragraph organization, dictions, and vocabulary misspelling. Considering its complexity in

accomplishing essay writing tasks, the students expected more intense guidance from the lecturer, such as continuous consultation regarding the lecturer's feedback in their essay draft. The interview result confirmed this issue. The lecturer admitted that limited time and the big number of students in one class became his great barriers to improving the quality of the students' essays. These facts drive new challenges for the writing lecturer in two ways; 1) the lecturer should guide students properly by using step-by-step procedures so that the students feel comfortable in writing the essay, and 2) explicit explanation related to the revision given is needed. It is important to note that this issue demands a new and effective teaching essay writing strategy to achieve fruitful outcomes of the teaching and learning process, especially in the essay writing context.

Second, the research was conducted by Ashrafiany, Hasanuddin & Nonny (2020) "The Students' Writing Difficulties In Writing An Essay Based On Cognitive Process". The objective was aimed to identify the students' writing difficulties in writing an essay at the fourth semester of Grade E and the factors influencing the students' writing difficulties in writing an essay based on the cognitive process at the fourth semester of Grade E. This research used the qualitative research method. The data are gathered from observation, documents, and interviews. The findings showed that there are two types of students writing difficulties in writing an essay such as pre-writing and pre-drafting. The result revealed that there are nine students are difficult in pre-writing, and there are twelve students who are difficult in pre-writing. Pre-writing difficulties

are like difficulty in getting the topic while pre-drafting difficulties are like difficulty in getting the topic and organizing the essay.

Third, the research was conducted by Suhaimah, Arif & Ayu (2021) " Investigating Writing Difficulties In Essay Writing: Tertiary Students' Perspective". This study is primarily designed for investigating the tertiary students' perspectives on the writing difficulties of essays. This study was conducted in explanatory research in which quantitative and qualitative data were obtained from the web-based questionnaire and semi-structured interview, then analyzed separately. This research reveals that tertiary students' problems in essay writing courses are categorized into: affective problems which raise from students' and lecturers' attitudes while teaching and learning essay writing courses, cognitive problems that are considered as the difficulties in the areas of writing viewpoint, transferring language, and the process of writing, and linguistic problems in the area of lexico-grammar, vocabulary, and the structure of the essay. Based on the findings, those aspects of academic writing should be given serious attention by both EFL students and teachers to overcome the problems. The findings of this study have implications for EFL writing course designers as basic data of material improvement and researchers, particularly in the realms of language and education.

Then last, the research was conducted by Kristy Dwi Pratiwi "Students' difficulties in Writing English" (A Study at The Third Semester Students of English Education Program at University of Bengkulu Academic Year 2011-2012). The result of this research is the writing difficulty related to the linguistics

difficulty (language use and vocabulary aspect) was most difficult one compares to the cognitive difficulty (organization and mechanics aspect) and physiology difficulty (content aspect) as well.

These three studies investigated the students' difficulties in writing the essay. The similarity of the three previous studies with this research is to find out the difficulties experienced by students in writing essays and use the qualitative methods with documentation and observation techniques. Meanwhile, there are differences between previous research and this research based on the object of the research. First, the previous researcher took data from the students of the English Department of Widya Gama Mahakam University, Indonesia, second the researcher took data from fourth semester class E for the 2016/2017 academic year at the Universitas Negeri Gorontalo, and the last the researcher took data from the students of the English Education Study Program at Universitas Islam Jember. Meanwhile, in this study, the researcher took data from the third-grade students at UNIKA St. Paulus Ruteng. Another difference between the previous research and this research is that in the previous study the researcher investigated students' difficulties in writing the essay as a whole but in this study the researcher only investigated the students' difficulties in writing the introduction part of the essay.

Therefore, based on those mentioned reasons above, the researcher is going to conduct this research entitled "The Students' Difficulties in Writing Introduction Part of Essay at the Third Grade Students of English Study Program UNIKA St. Paulus Ruteng".

1.2 Problem of the Study

Based on the background issues above, the research question in this study is "What are the aspects of writing that the students' get difficulties in writing introduction part of the essay to the-third grade students at English Study Program UNIKA St. Paulus Ruteng?

1.3 Objectives of the Study

Based on the research question, the purpose of this research was to know the students' difficulties in writing introduction part of the essay for third-grade of English Study Program UNIKA St. Paulus Ruteng.

1.4 Scope of the Study

A basic essay contains three main parts such as introduction, body, and conclusion but in this study, the researcher only focuses on the students' difficulties in writing the introduction part of the essay to the third-grade students at English Study Program UNIKA St. Paulus Ruteng. When the researcher took writing skills subject, there were some problem in the writing process especially in writing some aspects from the introduction part of the essay such as: content, organization, vocabulary, language use, and mechanic. Therefore, the researcher is interested in investigating the students' difficulties in writing the introduction part of the essay.

1.5 Significant of the Study

Theoretically, the result of this study is to help teachers and readers find out the students' difficulties in writing the English introduction part of an essay at third grade of English Study Program UNIKA St. Paulus Ruteng. Practically,

the result of this study is to know the problems of the students' difficulties in writing the English introduction part of the essay.

1.6 Definition of Key Term

Writing is the ability to express an idea in writing form (Susanto, 2016).

The introduction part of the essay is the part that provides the readers with the background information of the researcher proposed and establishes a framework for the researcher so that the reader can understand how it is related to other research (Wilkinson, 1991:96).

The essay is a piece of writing that describes an opinion writer on a particular subject that he tries to assess (Dalman, 2011).

CHAPTER II

REVIEW OF RELATED LITERATURE

In this chapter, the researcher will discusses the theoretical review including the definition of writing, introduction part of essay, essay and some components of them.

2.1 Writing

2.1.1 Overview of Writing

Nunan (2003: 88) stated that writing is an intellectual activity of findings ideas and thinking about the way to express and arrange them into a statement and paragraph that is clear to be understood by the people. It indicates that the writers are demanded to show the thoughts and organize them into a good composition. In addition, writing presents the writer's concept in understanding an issue which is shown to the public. It requires the integration of idea systematically written. Writing is considered as an active creation of text involves on the one hand lower-order transcription skills such as handwriting, punctuation, and spelling and on the other hand, higher-order self-regulated thinking process such as planning, sequencing and expressing the content (Berninger, 2002). It requires the writer to express the content of writing into a good composition by considering the aspects of writing to be understood by the readers.

White & Arndt (1991) in Hammad (2013:1) state that writing is a thinking process which demands intellectual effort, and it involves generating ideas, planning, goal setting, monitoring, evaluating what is going to be written as well as what has been written, and using language for expressing exact meanings. It

means that writing consist of some stages that should be done by the writer in conveying the message of writing. Based on the explanations, it can be concluded that writing is an effort to express the writer's thinking, feeling, or ideas in written form by considering writing aspect and writing stages to be clears understood by the readers.

2.1.2 Importance of Writing

Writing is one of important skills which have to be mastered by the students because writing can help them to think critically and deeply to build a good writing. Writing also necessary component of education, livelihood, and functional basics in our society. By learning writing, the students will get knowledge how to write effectively, how to express ideas, how to share their thoughts with anyone else through writing, Harmer:31-33) proposes some the importance of learning writing. Those can be explained in the following parts:

- a. Writing is often not time-bound in the way conversation. It means that in writing activities the students have longer time to think rather than in speaking activities. Thus, the students can choose the appropriate word that will be used to express their ideas. They can also have longer time to check their grammar patterns.
- b. Writing encourage students to focus on accurate language use because they think as they write. It may provoke well development as they resolve problems with writing puts in their mind.

- c. Writing has always been used as a means of reinforcing language that has been taught. Teacher uses writing skills to make a note about recently learnt grammar in learning process.
- d. Writing is frequently useful as preparation for some other activities, in particular when students write sentences. The students are given the time to think the ideas and ask to write sentence.
- e. Writing can also be used as an integral part of larger activity where the focus is on something else such as a language practice, acting out, or speaking. The teacher asks students to write short dialogues which they will act out.
- f. Writing is also used in questionnaire-type activities. Students may be asked to design a questionnaire by asking question to their friends.
- g. Writing is also used to help students perform a different kind of activity (in this case speaking and listening). Students need to be able to write to do these activities.

2.1.3 Writing Process

Writing is a series of activities to create a text that can be understood by everyone. Writing process is not only as a means of telling what the students know, but also as a way of exploring and developing ideas about certain topic. To produce a good text that clearly communicates thoughts, ideas, feeling, and emotion, it takes several attempts. These attempts refer to specific action or behaviors that students employ in language learning. Wenden and Rubin (1987) cited in Kasmiati (2005: 14) implied that these language-learning behavior as

strategies. These strategies relate to what the students do, how they manage, and what they know about which aspects of their language learning process especially in the second language learning. There are many variations in the way to write to follow up certain patterns. Here are the three stages of writing process that commonly followed pre-writing, while writing, and post writing (Wenden and Rubin, 1987; Lyons, 1987; Brown, 2000)

a. Pre-writing

Pre-writing is a way of organizing your thought or beginning to put the information you have on paper, pre-writing stage help writers generate the ideas by numerous ways such as brainstorming permits one to approach a topic with an open mind and to come up with ideas freely. Freewriting is designed to help the student free ideas that they might not realize that they have. Planning, brainstorming, and freewriting are some different ways to begin writing.

Planning appears to be the stage in which we create a guidance to lead us in writing. It is the stage where the students firstly think out things to be the content of writing. Planning provides a means for quickly checking their sentences to see if the deal with the topic, and servers as a guide for checking whether the sentences are logically arranged.

b. Drafting

After getting some ideas, drafting is begun. In drafting, the students need to arrange their writing. It can be done by using native

language first and later translate into English or directly write in English with some problems may face. Students often share their drafting result to their friends or teacher to get feedback about their writing. In addition, students start to concern about several aspects related to the writing such as grammar, spelling, vocabulary, and content of their writing to discover how they can express their ideas in the clearest manner possible so that their readers will receive the same massage with the same impact that students intended.

c. Revising

The process revising means students learn from some feedback they get to improve their writing. When students do not get feedback in the stage they rewrite their result and may do some change that they would like to make. All good writers go through several steps of revision because they want to make their writing the best it can be. In this process, students try to check their writing so that the readers can understand the message. In this final activity, students look again the work, reread what they have written on it, make rearrangement, addition, and substitution on it and rewrite it to make it readable.

2.1.4 Aspects of Writing

Writing consisted of several elements such as contents, organization, vocabulary, language use, and the mechanics as well (Jacobs, 1981 as cited in Weigle, 2002: 116). Each elements of writing have a qualification and it will be

explained in the next discussion. The explanation of each element in writing are as follows:

a. Content

The meaning of the content is about the material existed in the composition such as topic, explanations, discussion, and the core of the main topic discussed. That kind of thing should be considered well for gaining a good writing result.

b. Organization

In this case, organization of writing means that during composing the writing text concerning the sequence of each sentence or paragraph is prominent. There should be a good organization among them.

c. Vocabulary

Vocabulary deals with the ability in making in use the words employed in the composition as rich as possible. The greater vocabularies used for the text, the higher opportunities for a better result will be produced.

d. Language use

Language use is all about the construction, structure as well as the component of the language applied in the written text such as grammar and the complexity of the sentence.

e. Mechanic

Mechanics deals with the punctuation, spelling, capitalization as well as the type of handwriting whether it is clear and illegible or not. It is important to arrange the writing mechanics well since it can affect the writing result. Mastering the role how to write using true mechanics will make the sentences be readable and appropriate with the meaning. Those aspect influence one another. The students how to consider about the role of language, punctuation and spelling, case of information, and relevant with the problems or topics of writing task.

2.2 Essay

2.2.1 Overview of Essay Writing

Essay is short of writing about particular subject, especially one written by a student and writing itself is the skill or activity of producing words on a surface (Cambridege Learner's Dicitionary: (2007). It means that essay writing is the activity of producing short of written text that can be understood by the readers. Zemach (2005) also describes that an essay is a group or paragraph written about single topic and central main idea. It must have a least three paragraphs, but a five paragraphs essay is common length for academic writing. Therefore, creating an essay which there is overall thesis statement consist of three supporting paragraphs begin with a topic sentence is required for making an essay.

In conclusion, essay writing is an activity to produce a group of paragraphs written about single topic consist of thesis statement and supporting paragraph that can be understood by the readers.

2.2.2 Types of essay writing

a. Descriptive Essays

The descriptive essay is a genre of essay that asks the student to describe something—object, person, place, experience, emotion, situation, etc. This genre encourages the student's ability to create a written account of a particular experience. What is more, this genre allows for a great deal of artistic freedom (the goal of which is to paint an image that is vivid and moving in the mind of the reader). One might benefit from keeping in mind this simple maxim: If the reader is unable to clearly form an impression of the thing that you are describing, try, try again! Here are some guidelines for writing a descriptive essay:

1) Take time to brainstorm

If your instructor asks you to describe your favorite food, make sure that you jot down some ideas before you begin describing it. For instance, if you choose pizza, you might start by writing down a few words: sauce, cheese, crust, pepperoni, sausage, spices, hot, melted, etc. Once you have written down some words, you can begin by compiling descriptive lists for each one.

2) Use clear and concise language

This means that words are chosen carefully, particularly for their relevancy in relation to that which you are intending to describe.

3) Choose vivid language

Why use horse when you can choose stallion? Why not use tempestuous instead of violent? Or why not miserly in place of cheap? Such choices form a firmer image in the mind of the reader and often times offer nuanced meanings that serve better one's purpose.

4) Use your senses

Remember, if you are describing something, you need to be appealing to the senses of the reader. Explain how the thing smelled, felt, sounded, tasted, or looked. Embellish the moment with senses.

5) What were you thinking

If you can describe emotions or feelings related to your topic, you will connect with the reader on a deeper level. Many have felt crushing loss in their lives, or ecstatic joy, or mild complacency. Tap into this emotional reservoir in order to achieve your full descriptive potential.

6) Leave the reader with a clear impression

One of your goals is to evoke a strong sense of familiarity and appreciation in the reader. If your reader can walk away from the essay craving the very pizza you just described, you are on your way to writing effective descriptive essays.

7) Be organized

It is easy to fall into an incoherent rambling of emotions and senses when writing a descriptive essay. However, you must strive to present an organized and logical description if the reader is to come away from the essay with a cogent sense of what it is you are attempting to describe.

b. Narrative Essays

When writing a narrative essay, one might think of it as telling a story.

These essays are often anecdotal, experiential, and personal—allowing students to express themselves in a creative and, quite often, moving ways.

Here are some guidelines for writing a narrative essay:

1) If written as a story, the essay should include all the parts of a story

This means that you must include an introduction, plot, characters, setting, climax, and conclusion. A good example of this is when an instructor asks a student to write a book report.

Obviously, this would not necessarily follow the pattern of a

story and would focus on providing an informative narrative for the reader.

2) The essay should have a purpose.

Make a point! Think of this as the thesis of your story. If there is no point to what you are narrating, why narrate it at all?

3) The essay should be written from a clear point of view

It is quite common for narrative essays to be written from the standpoint of the author; however, this is not the sole perspective to be considered. Creativity in narrative essays oftentimes manifests itself in the form of authorial perspective.

4) Use clear and concise language throughout the essay

Much like the descriptive essay, narrative essays are effective when the language is carefully, particularly, and artfully chosen. Use specific language to evoke specific emotions and senses in the reader.

5) The use of the first person pronoun 'I' is welcomed

Do not abuse this guideline! Though it is welcomed it is not necessary—nor should it be overused for lack of clearer diction.

6) As always, be organized

Have a clear introduction that sets the tone for the remainder of the essay. Do not leave the reader guessing about the purpose of your narrative. Remember, you are in control of the essay, so guide it where you desire (just make sure your audience can follow your lead).

c. Argumentative Essays

The argumentative essay is a genre of writing that requires the student to investigate a topic; collect, generate, and evaluate evidence; and establish a position on the topic in a concise manner.

The structure of the argumentative essay is held together by the following.

A clear, concise, and defined thesis statement that occurs in the first paragraph of the essay:

- 1. In the first paragraph of an argument essay, students should set the context by reviewing the topic in a general way. Next the author should explain why the topic is important (exigence) or why readers should care about the issue. Lastly, students should present the thesis statement. It is essential that this thesis statement be appropriately narrowed to follow the guidelines set forth in the assignment. If the student does not master this portion of the essay, it will be quite difficult to compose an effective or persuasive essay.
- Clear and logical transitions between the introduction, body, and conclusion.

Transitions are the mortar that holds the foundation of the essay together. Without logical progression of thought, the reader is unable to follow the essay's argument, and the structure will collapse. Transitions should wrap up the idea from the previous section and introduce the idea that is to follow in the next section.

3. Body paragraphs that include evidential support.

Each paragraph should be limited to the discussion of one general idea. This will allow for clarity and direction throughout the essay. In addition, such conciseness creates an ease of readability for one's audience. It is important to note that each paragraph in the body of the essay must have some logical connection to the thesis statement in the opening paragraph. Some paragraphs will directly support the thesis statement with evidence collected during research. It is also important to explain how and why the evidence supports the thesis (warrant).

However, argumentative essays should also consider and explain differing points of view regarding the topic. Depending on the length of the assignment, students should dedicate one or two paragraphs of an argumentative essay to discussing conflicting opinions on the topic. Rather than explaining how these differing opinions are wrong outright, students should note how opinions that do not align with their thesis might not be well informed or how they might be out of date.

Evidential support (whether factual, logical, statistical, or anecdotal).

The argumentative essay requires well-researched, accurate, detailed, and current information to support the thesis statement and consider other points of view. Some factual, logical, statistical, or anecdotal evidence should support the thesis. However, students must consider multiple points of view when collecting evidence. As noted in the paragraph above, a successful and well-rounded argumentative essay will also discuss opinions not aligning with the thesis. It is unethical to exclude evidence that may not support the thesis. It is not the student's job to point out how other positions are wrong outright, but rather to explain how other positions may not be well informed or up to date on the topic.

A conclusion that does not simply restate the thesis, but readdresses it in light of the evidence provided.

It is at this point of the essay that students may begin to struggle. This is the portion of the essay that will leave the most immediate impression on the mind of the reader. Therefore, it must be effective and logical. Do not introduce any new information into the conclusion; rather, synthesize the information presented in the body of the essay. Restate why the topic is important, review the main points, and review your thesis. You may also want to include a short discussion of more research that should be completed in light of your work.

2.3 Introduction Part of Essay

The introduction is the part that provides the readers with the background information of the researcher proposed and established a framework for the research so that the reader can understand how it is related to other research (Wilkinson, 1991:96). Besides, Weissberg & Buker (1990:30) say that

introduction part serves as an orientation for the reader and give them the perspective they need to understand the detailed information coming in the later sections. Clearly, he introduction is the-first paragraph of your essay. It should capture the reader's attention and create a desire to read the rest of the essay. The introduction should start with a general discussion of your subject and lead up to a specific statement of your main idea or thesis. The function of the introduction are: to capture the reader's interest, to provide background information and to state the main idea of the essay in a thesis statement.

2.4 The Elements of Introduction Part of the Essay

1. Background Information

Many introductions use one or a combination of the following provide background information and capture the reader's attention.

1) Move from general to specific

This type of introduction opens with a general statement on the subject that establishes its importance and then-leads the reader to the more specific thesis statement.

2) Use an anecdote

Another way to write an introduction is to rerate an interesting story that will interest the reader in the subject. Newspaper and magazine writers frequently use this technique to begin their articles.

3) Use a quotation

A quotation is an easy way to introduce your topic. you can quote

an a-authority on your subject or use an interesting quotation from an article. You can also be more informal and use a proverb or favorite saying of a friend or relative.

4) Ask a question

Asking one or more questions at the beginning of an essay is a good way to engage readers in the topic right away. They will want to read on in order to find the answers to the questions.

5) Present facts and statistics

Presenting some interesting facts or statistics establishes credibility.

2. Thesis Statements

The thesis statement tells the reader what the essay will be about and what points you will be making in your essay. Your thesis statement should state the subject of the essay, explain the point of view essay will take or describe the ideas about your topic that you determined in your outline.

After you have presented some general background information, you need-to narrow your focus. This is done in the thesis statement. A thesis statement is similar to a topic sentence. Just as a topic sentence controls the information for a paragraph, a thesis statement controls the information for a paragraph, a thesis statement controls the information for an entire essay.

A good thesis statement will usually include the following four attributes:

a. take on a subject upon which reasonable people could disagree

- b. deal with a subject that can be adequately treated given the nature of the assignment
- c. express one main idea
- d. assert your conclusions about a subject

CHAPTER III

RESEARCH METHOD

In this chapter, the researcher explained the procedures of the research. It specifies research type, subject of the research, instrument of the research, procedures of data collection and procedures of data analysis.

3.1 Research Type

In this study the writer used qualitative research methods. As stated by Creswell (2009:3), research type is a research plan and procedure with detailed data collection and analysis methods. In addition, Bogdan & Biklen (1982) stated that qualitative research is descriptive which the data is collected in the form of words or pictures rather than numbers. Therefore, in this study the researcher collected non-numeric data. The researcher employed this type because the researcher only focused on the students' difficulties in writing the introduction part of essay.

3.2 Subject of the Research

The subjects of this study are the third-grade students of English Study Program at UNIKA St. Paulus Ruteng. In this study, the researcher did not select all the third-grade students because the lecturer of writing course is the same. The researcher only chose one class to represent the four classes from the third-grade students and the researcher chose class A which consisted 20 students but only 15 students who took writing courses, from the 15 students the researcher chose 10 students. So, these were 10 students who were chosen as the subject of the researcher.

3.3 Instrument of the Research

Sugiyono in Hawa and Makmuroh (2016) added in qualitative research, the instrument is the researcher herself. So, based on the explanation above, the instrument used collecting the data of this research is the researcher herself. In this research, the researcher is the key instrument and she is an active respondent in the research process. The researcher collected the students' writing introduction part of essay to analyze and the data from the students' writing introduction part of the essay to find out their difficulties in writing pre-writing, drafting, and revising. In addition, the secondary data of this research was taken from the students' writing as documentation. The researcher took the students' writing through the writing subject from the lecturer of the third-grade students of English Education Department at UNIKA St. Paulus Ruteng. Then, the researcher read the students' writing to analyze.

3.4 Technique of Data Collection

Technique of data collection is very important in this researcher. Data collection techniques related to the method used by the researcher in collecting the data from the participants. In collecting the data, the first step that the researcher took was to meet the lecturer of the writing subject then the researcher asked for the results of the students' writing dealing with writing the introduction part of the essay at the third-grade students. Then, the researcher analyzed to find out the students' difficulties in writing the introduction part of the essay.

Table of analysis

No	Students' Writing	The aspect of writing that the students get difficulties in writing the introduction part of the essay. Content Organization Vocabulary Language use Mechanic						
			o iguillauron					
1								
2								
3								
4								
5								
6								

7			
8			
9			
10			

3.5 Procedures of Data Analysis

Data analysis was an important activity after collected the data from the participants. According to Bogdan in Rianda (2017), data analysis is the process of systematically searching and arranging the interview transcripts, field notes, and other materials that you accumulate to increase your own understanding of them and to enable you to present what you have discovered to others.

In this study, the first procedure was to collected all the result of the students' writing from the writing subject of the lecturer, then the researcher red the students' writing and find out the content, organization, vocabulary, language use and mechanic. Second step, the researcher rewrite the errors of the students' writing based on the parts that have been mentioned above. The last, the researcher analyzed the students' writing to find out the students' difficulties in writing the introduction part of essay and the result of the analysis was concludeed after constructing the concept related to the researcher focus. In this research the data was described by the researcher own words.

CHAPTER IV

RESULT AND DISCUSSION

In this chapter the researcher discusses the result and discussion of this research. The result of this study is about the analysis of the students' writing dealing with introduction part of the essay and the discussion explained the students' difficulties in writing the introduction part of the essay.

4.1 Result

The researcher obtained data of students' writing from the lecturer of writing course via WhatsApp message, the researcher analyzed the students' writing. The result of the analysis can be seen in the following table:

4.1.1 Result of Analysis

		The aspect of writing that the students get difficulties in writing the introduction part					
No	Students' Writing			of the essay.			
		Content	Organization	Vocabulary	Language	Mechanic	
					use		
1	THE POPULATION OF THE	This student	This student	The words	This student	This student	
	WORLD KEEP GROWING	with the initial	explains his	used by this	has minor	occasional	
	(ARS)	ARS, his	ideas	student is	problems in	errors of	
	High population growth generally	writing has	clearly, also well	effective and	word	capitalization,	
	occurs in developing countries such as	knowledgeable,	organized, and	quite of	order/function.	punctuation	
	Indonesia. If population growth is	so that the	logical	mastering the		but meaning	
	high, if it does not increase with an	content of his	sequencing	vocabulary		not obscured.	
	increase in the economy, it will	writing is	between	used in his			
	reduce the welfare of the population	relevant to the	paragraph.	writing.			
	of a country. The impact of the	assigned topic.					
	population explosion includes an						
	increase in numbers, crime, and						
	worsening of other social conditions.						
	Ways that can be done to overcome						
	high population growth are by						
	participating in the Family Planning						
	(KB) program, conducting pre-						
	migration programs (moving people						
	from dense settlements), equitable						
	development and improving the quality						
	of human resources (such as training						
	in soft skills or hard skills). Large						

	population growth and uneven					
	distribution are a source of problems					
	in various countries, especially in					
2	Indonesia.	771 · 1	771 · 1	TDI 1 1 1	TD1 1 1 1	TDI 1 1 1
2	Culture Shock	This student	The organized	This student	This student	This student
	(FFA)	has some	of this student	uses effective	has a few	has occasional
	Talking education can not only be	knowledge of	writing loosely	words, so that	errors of	errors of
	done in the country. Many people	the subject and	but main ideas	her writing is	agreement,	capitalization,
	decide to continue their education	the ideas in her	stated out.	easy to	tenses, and	punctuation,
	abroad. When studying abroad, of	writing mostly		understand.	words	but meaning
	course, one needs to do various	relevant to the			function.	not obscured.
	adaptations in order to survive and	topic.				
	adjust to the patterns and culture of					
	life in the country that became his					
	new residence during his education.					
	Not infrequently, someone even					
	experiences culture shock or					
	concussion. Culture shock can be					
	interpreted as feelings of anxiety,					
	anxiety, confusion, and also anxiety					
	experienced by someone who has just					
	occupied a new area or territory in a					
	long time or not just for the holidays.					
	Culture shock that generally occurs is					
	a matter of communication process					
	because it has not mastered a foreign					
	language smoothly. And there are					
	three solutions offer for someone to					

tackle the culture shock problems.			
The first , attempt to learn the			
language there, in that solution we			
need o learn the language of un area			
so that we don't experience the			
problem of culture shock so we can			
get to know the culture there and can			
become closer to the people in there.			
The second, Learn as many new			
places as possible when we experience			
a culture shock. Look for information			
on the internet, news reports or novels			
about a new places			
The last, Try to see the surroundings			
through th perspective of local people.			
If we are going to the place for the			
first time or staying in a new place			
we need to get to know the culture of			
that places as much as possible. For			
example finding out what is considered			
polite and impolite in that place, so			
that we can accept differences.			
So that's the solution I offer to			
overcome culture shock. Hopefully we			
can overcome the impending problem.			

3	Insomnia	Student with	This student has	This student	This student	This student
	(FR)	the initial FR,	fluent	writing uses	writing has	demonstrates
	Sleep is an obligatory activity	her writing has	expression, the	effective	effective	mastery of
	and must be done by all living things.	knowledgeable	ideas clearly	word and	complex	conversation
	By sleeping, we can rest our mind	of the subject	stated so her	appropriate	construction	and she has no
	and body for a while. We need sleep	and her writing	writing logical	register.	and proper	errors of
	to be able to recharge our energy to	•	sequencing.		word	spelling,
	be fit the next day. Sleep is good and	to the topic.			order/function	punctuation,
	right is sleeping for 8 hours. But					capitalization,
	there are still many people who have					and
	problems with it. This is called					paragraphing.
	insomnia. Insomnia is a disorder that					
	causes sufferers to have difficulty					
	falling asleep or not getting enough					
	sleep, even though there is enough					
	time to do so. This disorder can have					
	an impact on the patient's activities					
	the next day. There are so many					
	people who sleep irregularly for some					
	specific reasons such as work reasons,					
	doing chores, watching movies and					
	playing games. There are several					
	solutions that we can use to reduce					
	insomnia, such as speeding up plans					
	for sleep, reducing habits that cause					
	insomnia and immediately consulting a					
	doctor.					
	The first solution to solve					

insomnia problem is you must speed up your bedtime plans. Many people do not pay attention to the time every time they want to sleep. Without realizing it was already past midnight. This can be a habit that is certainly not good for the health of the body. To reduce insomnia due to this problem, it's good to speed up the bedtime plan. If, for example, we usually sleep at 34 and our sleep target is to sleep at 11. For that we have to gradually reduce the time. For example, today you sleep at 4, the next day at 3, the next day at 2. And so on until our 11 o'clock target is reached.

The second solution is reduce insomnia causing habits. As we all know that coffee is one of the causes of insomnia. The high caffeine content in coffee is the main cause of someone awake. After consuming coffee, the effects will be felt 30 to 60 minutes afterward. This is what causes a person to experience insomnia due to coffee consumption. Not only that, things that can also

arise due to lack of sleep are anxiety and stress disorders. The best way to reduce it is to find the best time to drink coffee. We don't have to bother looking for ways to eliminate the effects of coffee so we can sleep if we consume it at the right time. This is because the effect of caffeine to eliminate drowsiness only lasts approximately four hours.

The last solution to solve acute insomnia problem is consult a doctor who is an expert in this field. People who experience acute insomnia, are strongly advised to see a doctor. The doctor will perform a thorough examination and determine if there are other causes of difficulty sleeping. In a sleep disorder consultation, the doctor will review the patient's medical history followed by a physical examination. Sleep specialists will also ask the patient to undergo special tests, such as a sleep evaluation, which requires the patient to stay overnight at the clinic. If needed, the doctor will also give sleeping pills. Sleeping pills should only be used

	according to doctor's advice. Sleep is good and right is sleeping with a sufficient portion of time. Those who do not have enough sleep will experience disturbances such as prolonged difficulty sleeping, stress, anxiety and others. Speeding up sleep, reducing insomnia-causing habits such as drinking coffee in the morning and consulting a doctor are alternatives that we can use to reduce insomnia problems.					
4	STRESS AT SCHOOL (GA) Many people are experiencing stress including student. Stress can cause bodily mental tension and can lead to some kind of disease. Not all the student enjoy attadending the school. For some, students school life is really stressful. in school they have many things going on at one time, it is only natural that they get stressed out. The main reason of their stress at school is schoolwork for assignment. Especially when the teacher give them a lot of work or assignment and	Student with the initial GA, his writing has some knowledge of the subject and his writing mostly relevant to the topic.	The ideas of this writing clearly stated/supported, well organized and this student's writing also logical sequencing.	In this student's writing, use effective words, word form mastery and his word appropriate register.	Few errors of agreement and tenses of this writing, appropriate words function.	Occasional errors of capitalization, spelling but meaning not obscured in this writing.

need to be done in a short period of time. Therefore here are solutions to overcome stress at school. First, The teacher shot not give the students assignment all at once and in short time. In other word don't overwork students. As we know not all the students have the same academic abilities, and not all the are born with academic students excellence. Do not force the students to do what can they not do and compare them with never their classmate. If there are students who don't do their assignment well, avoid blaming, scolding and making students feel cornered and lost their motivation to learn. For example there are some teachers who give the students a lot of assignment that need to be finish overnight. Because there are running after the submition time they will stay at night and lack of sleep. Second, during study process don't just let the student be in the class pasifly. But make them psycally active. Psycal activity is a good way to deal with stress in students, so that

they will be consentrated. For example by streaching in class, learning to play outdoors and so on. Let students stay active and move around a lot during study to get rid of strees and boredom.

Lastly, encourage the students to participate in some school activities, such as: football and baseball. By joining those activities the students little bit forget about their problem on their school especially the things that can make them stress. Because here they will be refresh and meet another student to share ideas, problem and story.

The pressure of doing a lot of assignment in short period of time can make the students feel stressful attending the school. But doesn't mean that we will just let them stay in that situation. For them to be able to enjoy their school life three solutions offer above will be helpful. I believe by applying those solution students will be happy and eager to attend the school and the will have memorable school life.

5	Stress at work or school (MSB)	This student' writing has some	This writing is well organized, so the ideas of	This student used effective word in her	Int his student's writing has	This student with the initial MSB has few
	All of us certainly	knowledge of	this writing	writing and	few errors of	of errors
	have jobs whether as farmers, office	the subject and	clearly stated.	the words in	agreement and	capitalization
	people, teachers or as students. in	this writing		this writing	appropriate	but the
	running school or work we often	mostly relevant		appropriate	words	meaning
	experience stress and dizziness in	the topic.		register.	function.	obscured.
	dealing with it. Work stress can be					
	interpreted as a source or work					
	stressor that causes individual reactions					
	in the form of physiological,					
	psychological and behavioral reactions.					
	Job stress can be caused by intrinsic					
	factors in work, roles in organizations,					
	career development, interpersonal					
	relationships at work, as well as					
	structure and climate. The sample in					
	this study were elementary school					
	teachers as many as 72 respondents.					
	The results showed that from 72					
	respondents, 87.5% experienced mild stress, 9.7% moderate stress and					
	,					
	2.8% severe stress. The principal should provide opportunities and					
	1 11					
	involve teachers in decision making					
	and participate in training and teachers					
	are advised to be comfortable doing					

their jobs and be able to schedule activities and rest well. (repositori.usu.ac.id). the three most commonly proposed solutions to this problem are take time to relax, tell your complaints to people we trust, and try to do a hobby. The first solution, take time to relax. Refreshing is one of the activities that can make our tired minds become fluid or calm. When I am stressed, I try to take time to lie down for a while and listen to music, this will make the stressed mind calmer. Another solution to solve stress at work or school is tell your complaints to people we trust. Talking to people we trust about the problems we face about work or school can relieve stress. For example, when I was under stress because of the many and difficult college assignments, I told my childhood friend that I was dizzy and stressed dealing with many tasks. then he gave me various solutions, and from the

solution he presented, I felt calmer

and better, then I continued to do my duty with enthusiasm. By telling others, someone will help us by providing solutions or helping work. and it really helps us. The best solution, then, is, try to do a hobby. One way to reduce stress is to do hobbies such as exercising, shopping, sightseeing, and so on. For example, when I experience stress due to many tasks, I take a little time to exercise such as karate, this will make our minds calm, and will reduce the stress we experience. When a person feels tired and stressed at work or school, of course, his mind is very tail or has difficulty thinking. to deal with situations like this, even if it is done is by doing a hobby. by doing this our minds will return to good and feel more comfortable in doing work. It is clear for us to have solutions stress at work or school. It will be necessary to deduct stress by

take time to relax, tell your complaints to people we trust, and try

to do a hobby.

6	INSOMNIA	This student	This student's	The effective	In this	In this writing
	(MWM)	knowledgeable	writing has	words that	student's	no error of
	Insomnia is a condition when a	_	logical	used in this	writing with	spelling,
	person has difficulty sleeping. This	relevant to	sequencing.	student's	the initial	punctuation,
	sleep disorder makes him not have the	assigned topic.		writing	MWM	capitalization,
	sleep the body needs. This causes the				appropriate	paragraphing.
	physical condition of people with				words	
	insomnia to be not fit enough to carry				function.	
	out activities the next day. This					
	problem can occur in the short term					
	(acute) to long term (chronic). In					
	addition, sleep is an unconscious state					
	that occurs naturally to allow the body					
	to rest. When someone sleep, the body					
	goes through a cycle that alternates					
	between rapid eye movement sleep					
	and non-rapid eye movement sleep.					
	There are several factors that make it					
	very difficult for a person to sleep at					
	night. These include: the first, mental					
	problems such as depression, anxiety					
	disorders, to post-traumatic stress					
	disorder. Second, working shifts.					
	Work like this can change the body's					
	biological clock. Third, gender.					
	During menstruation the body will					
	experience hormonal changes, this					
	condition causes symptoms of hot					

flashes or night sweats, causing sleep disturbances. Fourth, age. Insomnia increases with age. Fifth, long trips. Long trips or jet lag due to crossing multiple time zones can also trigger insomnia. There are two types of insomnia: primary insomnia and secondary insomnia. Primary insomnia means that a person has trouble sleeping that is not directly related to another health condition or problem. Whereas, secondary insomnia means that a person has trouble sleeping because of something else, such as a health condition; pain; the drugs they take; or the substances they use (such as alcohol). In addition, suffering from certain medical conditions, such as obesity and cardiovascular disease can also cause a person to experience insomnia. Menopausal period is also called can lead to disturbances that make it difficult to sleep. Sleep has many privileges for the body, ranging from physical to psychological health. Insomnia that is left untreated and lasts a long time can cause various other problems.

Starting from reducing productivity and concentration, mental health disorders. to worsening chronic diseases, such as high blood pressure and heart disease. In treating insomnia, the first thing that doctor do is find out what is causing it. If insomnia is based on certain unhealthy habits or lifestyles, the doctor will recommend fixing it. If insomnia is caused by a medical condition (for example, an anxiety disorder), the doctor will first address the underlying condition for the anxiety. There are many things that we can do to overcome it. Here, I will give you three good solutions to overcome insomnia. The first, consultation to the doctor. Someone with insomnia can consult a doctor to be given medicine. If you don't consult a doctor, it will become acute insomnia. This is certainly very dangerous for the insomniac if ignored. So, before it becomes an acute disease, you should check your health at the doctor. For example, when the first day you feel difficulty sleeping at night until a few

days later, you can't even sleep all night, you should check your health at the doctor before your insomnia becomes an acute disease. So, I think that way your health will recover.

Second, maintain regular sleep hours. We can't sleep midnight, especially if we haven't had enough sleep in the past week. Sleeping in the middle of the night is one of the reasons you suffer from insomnia, so you sleep at night. Usually those who sleep in the middle of the night are prone to insomnia. Especially if you already suffer from insomnia, you should go to bed and wake up at the same time every day to train your body to sleep and wake up at a consistent time.

Third, get regular exercise. Regular light exercise, such as swimming or walking, can help relieve some of the tension that builds up throughout the day. But make sure you don't do strenuous exercise, such as running or the gym, too close to bedtime, as it can actually keep you

	awake. In other hand, avoid eating too much and drinking alcohol especially late at night, can disrupt your sleep patterns. Alcohol alone can help you fall asleep at first, but will disrupt your sleep later on. Therefore, are you one of those who suffer from insomnia? Do you know that Insomnia is a serious illness if you neglect to treat it? and if you are already suffering from insomnia, in addition to consulting a doctor, you should do things that can treat the disease. So, keep your healthy. In the end, I want					
	to say that these paragraphs is my written, not result from plagiarism.					
7	Stress at work or school	This student	The ideas stated	This student's	This writing	This writing
	(MM)	with the initial	of this writing	writing	no errors of	occasional
	Stres at work or school can be a	MM, in her	clearly, well	occasional	agreement,	errors of
	serious problem. A person suffering	_	organized, so	errors of word	tenses,	spelling and
	from to much stress usually finds it	_	her writing	but meaning	pronoun.	capitalization
	difficult to be productive or happy.	and her writing	logical .	not obscured.		but meaning
	Stress is a felling of emotional or	relevant to the	sequencing.			not obscured.
	physical tension. It can come from any event or thought that makes you	assigned topic.				
	feel frustased, angry, or nervous.					
	Stress is your body reaction to a					
	challenge or demand. In short bursts,					

n be positive, such as when it					
ou avoid danger or meet					
There are three solution offer					
to deal with stress problem.					
o activities that match our					
Do activities is the most of					
y to overcome stress. If you					
stress you can do an activities					
make you feeling relieved. I					
<u> </u>					
relive stress.					
go in sport. Various studies					
a person's stress. This happens					
_					
increase the hormone					
phrine as an antidepressant.					
<u> </u>					
= -					
= -					
=					
=					
± •					
	you avoid danger or meet. There are three solution offer to deal with stress problem. Do activities that match our. Do activities is the most of y to overcome stress. If you stress you can do an activities make you feeling relieved. I we the people who are stress in age. She is like a crazy people ybe her mind at that time is ed, so I tell some solution to a playing game is the one relive stress. go in sport. Various studies own that regular exercise can a person's stress. This happens regular exercise can reduce mones cortisol and epinephrine	you avoid danger or meet. There are three solution offer to deal with stress problem. Do activities that match our. Do activities is the most of y to overcome stress. If you stress you can do an activities make you feeling relieved. I we the people who are stress in age. She is like a crazy people ybe her mind at that time is ed, so I tell some solution to a playing game is the one relive stress. go in sport. Various studies own that regular exercise can a person's stress. This happens regular exercise can reduce mones cortisol and epinephrine increase the hormone ephrine as an antidepressant. istening to the music. If you are overwhelmed by a stressful, they taking a break and to relaxing music. Lina is ople who are stress in my	you avoid danger or meet There are three solution offer to deal with stress problem. To activities that match our Do activities is the most of y to overcome stress. If you stress you can do an activities make you feeling relieved. I w the people who are stress in age. She is like a crazy people ybe her mind at that time is ed, so I tell some solution to e a playing game is the one relive stress. go in sport. Various studies own that regular exercise can a person's stress. This happens regular exercise can reduce mones cortisol and epinephrine increase the hormone aphrine as an antidepressant. istening to the music. If you ing overwhelmed by a stressful , they taking a break and it to relaxing music. Lina is ople who are stress in my	you avoid danger or meet. There are three solution offer to deal with stress problem. On activities that match our. Do activities is the most of y to overcome stress. If you stress you can do an activities make you feeling relieved. I we the people who are stress in the need of your stress in the people who are stress in the people you her mind at that time is the people you her mind at that time is the people you have a playing game is the one relive stress. I tell some solution to be a playing game is the one relive stress. I tell some solution to be a playing game is the one relive stress. I tell some solution to be a playing game is the one relive stress. I tell some solution to be a playing game is the one relive stress. I tell some solution to the relive stress and a person's stress. This happens regular exercise can reduce mones cortisol and epinephrine increase the hormone rephrine as an antidepressant. I istening to the music. If you ling overwhelmed by a stressful, they taking a break and to relaxing music. Lina is ople who are stress in my	you avoid danger or meet. There are three solution offer to deal with stress problem. Do activities that match our. Do activities is the most of you overcome stress. If you stress you can do an activities a make you feeling relieved. I we the people who are stress in age. She is like a crazy people ybe her mind at that time is ed, so I tell some solution to a a playing game is the one relive stress. go in sport. Various studies own that regular exercise can a person's stress. This happens regular exercise can reduce mones cortisol and epinephrine increase the hormone phrine as an antidepressant. Istening to the music. If you ting overwhelmed by a stressful to relaxing music. Lina is ople who are stress in my

				1		
	angry to people who are stay with					
	her, maybe she do not like with all					
	people. Finally he feel bored with her					
	self. Playing calm music has a					
	positive effect on the brain and body,					
	can lower blood pressure, and reduce					
	cortisol a hormone linked to stress.					
	Stress is the body's reaction that					
	occurs when a person faces a treat,					
	pressure, or a change. Stress can also					
	occur due to situation or thoughts that					
	make a person feel hopeless, nervous,					
	angry, or excited. This situation will					
	trigger the body's response, both					
	physically and mentally. But it doesn't					
	mean impossible for us not to be able					
	to relieve stress. If we try to do the					
	three solution above such as do					
	activities, go in sport, and listen to					
	the music. I believe that you can					
	make you live without much stress					
8	Stress work at School	This student'	The ideas of this	In this	This writing	In this writing
	(\mathbf{ON})	writing has	student' writing	student's	no errors of	has a few
		some	clearly stated	writing has a	agreement,	errors of
	School is the place where someone	knowledge of	and her writing	few errors of	word order,	capitalization
	learn and gains knowledge. School is	the subject, this	logical	word but	pronouns.	but meaning
	demand for every one who wants get	writing mostly	sequencing.	meaning not		not obscured.
	the education. Technological	relevant to the		obscured.		

developments and the world of	topic.			l
knowledge resulting from human				l
knowledge that develop their abilities,				l
that is why school is important				l
needed by ever one .But some student				l
feel stress when they are at scholl.				l
This is the challenge and being				l
serious problem for the teacher to				l
deal the student who fell stress and				l
uncomfortable at school. The teacher				l
have to find the solutions solve this				l
problem.				l
There is some solutions to				l
overcome this problem.				l
The first solutions is find the				l
problem why you fell stress. Many				l
students do not develop learning at				l
scholl because they have problem and				l
they do not try to solve their problem				l
and find solution. Beside that students				l
do not communicate their problem				l
with friends and teacher at school.				l
Students also fell if they tell the				l
problem to someone they think that				l
they will laughing and do not care				l
the problem.				l
But he if the students tell his				l
problem to the teacher or friend that				ł

is possibly they will solutions to overcome the problem. The second solution is Avoid from the problem Avoid from the problem doesn't mean you do not study and dropped out from your school. It's mean that you have to study hard and learn more about knowledge, don't focus with your problem, make your problem toe motivated you study hard and be the best in your class, play with your friends and follow the extracurricular activities at Scholl. Find someone to support you like teacher, girlfriend or your motivator. Find the place to make your happy and make it place comfortable to calm you self. The last solutions is Communicate your problem with your family Or friend many cases in the world happen in the school because the student and family did not communicate. family doesn't care with child and child also not response if parents give suggestions. That is why Students fell stress

	also comes from their own self ,like						٦
	character and personality and it is						
	impossible to family and friends to						
	know what happen with their child.						
	Family is the first place how we						
	are formed, it's important how child						
	have the problem must teal to the						
	family and find the solutions together.						
	Beside that Best friend also be a						
	place when you have to need						
	solutions and suggestions.						
	Stress at school being a serious						
	problem because the students will not						
	develop if they still thinking about						
	their problem and they will be lazy to						
	follow the lesson at Scholl. In this						
	situation the teacher and family's						
	student must have work together to						
	find the solutions, to make students						
	will get comfortable when they are at						
	school and follow the lesson well.						
9	Insomnia that Affects the Body	The ideas of	The ideas	This student	This writing	In this	,
	(RR)	this student's	clearly stated of	used effective	has no errors	student's	
		writing	this student's	words.	of agreement,	writing no	,
	In this era, too many parents	relevant to the	writing.		word order,	errors of	•
	or teenagers finish their every job or	assigned topic.			pronouns.	spelling,	
	task at night. This is why they don't					punctuation,	
	rest, because they stay up late to do					capitalization.	

and eventually the activities, everyone will cause a disease called insomnia. Insomnia is a symptom of a sleep disorder, manifested difficulty falling asleep. Basically, this insomnia can be used appropriately to complete tasks, such as college homework, office work or other urgent tasks. In particular, this disorder is psychologically affected, which is caused by a person's mental stress on things that can interfere with the central nervous system. To overcome this insomnia problem, several solutions are needed.

The first solution is enough sleep. Enough sleep plays important role in thinking and learning and can affect many things. First, , concentration, reasoning, and problem-solving skills. This makes learning difficult and inefficient. Second, the sleep cycle at night plays a role in "strengthening" brain memory. If you do not get enough sleep, then the individual will not be able to remember what he has learned and experienced throughout the day.

Likewise, other activities will be disrupted, for example in the teaching and learning process, completing homework, and social interaction. Even the effects of insomnia can make people more susceptible to stress. Therefore to prevent insomnia, one of them is by getting enough sleep.

The second solution is maintain regular sleep hours. We may often be tempted to stay up late on the weekends, especially if we haven't had enough sleep for the past few weeks. But, if you suffer from insomnia, you should go to bed and wake up at the same time every day to train your body to go to sleep and wake up at a consistent time. Beside limiting nap hours. While naps are a great way to catch up on sleep deprivation or lack of sleep, that's not always the case. It is important to establish and maintain a regular sleep pattern and train yourself to associate sleep with such a shadow and a consistent bedtime. Napping can affect the quality of sleep at night.

	The third solution to overcome					
	insomnia is to apply a healthy life.					
	Because by implementing a healthy					
	life it is very important for the body.					
	then how to apply this healthy life?					
	The way to do this is to maintain a					
	healthy diet, exercise every day with a					
	duration of 30 minutes. Doing sports					
	such as jogging, swimming and so on.					
	With such exercise, can improve the					
	quality of sleep better.					
	So insomnia is a disorder that					
	can cause a person to have difficulty					
	sleeping, especially at night. then what are the solutions that will					
	be done to avoid this disorder? To					
	overcome these disorder we must get					
	regular sleep, maintain regular sleep					
	hours and the last is implementing a					
10	healthy life.	This student	Can done with the	The word	This weiting	This student's
10	Culture Shock		Student with the	The word	This writing	
	(SCB)	knowledgeable	initial SCB	choice	no errors of	
	Culture shock is a phenomenon		stated the ideas	effective.	agreement and	
	that is often experienced by travelers,	_	clearly and well		proper word	errors of
	students, or people who want to move		organized.		order.	punctuation.
	to a new place with a new	assigned topic.				
	atmosphere, culture, and country. It is					
	undeniable that culture shock is					

unavoidable especially for people who are visiting for the first time in a new place. Because of that, the individual, travelers, student exchange, also feels isolated and misses the familiar symbols, attitudes and habits of the culture of origin and also culture chock itself can make other crisis that can occur with varying severance, which is being scared, lonely, and then ranging from homesickness to depression and serious illnesses. So from that case, there are 3 solution to deal with culture shock.

The first, as a visitor or travelers, we must to accept and adapt to the new environmental and then try to recognize that we are experiencing a culture shock. Realizing it can help us deal with it better. So, culture shock can be overcome when we accept and adapt to a foreign culture. If the reintegration stage of adaptation, acceptation, and also the realizing is well fulfilled, we as travelers have overcome our issues and have found a strategy to integrate. Then, we will manage and solve issues directly. The

fact to resolve those conflicts will be a satisfaction and it will mean that we belong to this new community. Our stay would be enjoyable in this new place.

The second one is being open minded. Because when we learn as much as possible, we will knew more about our destination. As we learn and become open-minded it is easier to understand the differences, see things from a different perspective and thus adapt. And don't forget to learn some keywords in the local language that will helps a lot as well. For example, according to The Contributions of Culture-Shock to Open-Mindedness for International Students in Engineering and Social Science College in Taiwan study, engineering students at the master's level suffer the most when faced with culture shock. Most of their classes use Traditional Chinese, differences in teaching the materials are not the same as their country of origin. Uniquely, all the difficulties that could make them give up halfway can make them openminded. One of them is proven by their awareness of the importance of learning Traditional Chinese, and finally, they are fluent in using the language. English is an international language, but when we are in a country where English is not the primary language, we must master it. So, mastery of the local language will accelerate students through the culture shock process smoothly.

The last but not least is have a positive-minded and attitude. That is one of the important factor to success or failure to deal with culture shock. because if we as a travelers become frustration and bring the negative energy, it will leads us to aggressiveness and roughness towards others. Locals, in turn, behave the same way or ignore the expatriate, further increasing the stereotypes and frustration. Expatriates who overcome this step are usually successful in our expatriation, those who don't, just leave the host country earlier than expected. So, to get more out of our experiences a foreigner or as

			1
traveler, make sure to focus on all the			
positive aspects instead of having a			
negative mindset and bad attitude.			
Spend time with positive-minded			
people, have fun and feel the good			
vibes, so when we see new places			
and explore the surroundings, it will			
help us to appreciate our new home			
and we will gain lots of priceless			
experiences.			
In summary, with the solutions			
that have been given, it can be			
concluded that culture shock cannot be			
avoided, but culture shock can be			
overcome if we as a visitor or			
travelers being adapt with this culture			
shock with an open minded, and with			
a positive outlook and throw away the			
negative things. So that from the			
problem of this culture shock will be			
resolved properly and we can live in			
our daily life with comfort and can			
adapt quickly and dare to accept			
changes and differences when we go			
and live in foreign country in the			
future.			

Source: Jacobs et al's (1981). Aspects of writing

4.2 Discussion

From the result of analysis table above, it was found that from ten (10) students' writing, there were seven (7) students who had difficulty in writing the mechanic aspect and one (1) student who had difficulty in writing the language use aspect. While in writing content aspect, organization aspect, and vocabulary aspect, all students did not have difficulties in their writing.

4.2.1 Students' Writing in Content Aspect

In this aspect, all students have some knowledge and their ideas of writing relevant to the assigned topic. They are students with the initials ARS, FFA, FR, GA, MSB, MWM, MM, ON, RR, and SCB. So, those students had no difficulties in writing the content aspect.

4.2.2 Students' Writing in Organization Aspect

In this aspect, all students with the initials ARS, FFA, FR, GA, MSB, MWM, MM, ON, RR, and SCB stated the ideas clearly and well organized. So, those students had no difficulties in writing the organization aspect.

4.2.3 Students' Writing in Vocabulary Aspect

In this aspect, all students with the initial ARS, FFA, FR, GA, MSB, MWM, MM, ON, RR were able to choose and utilize the vocabulary used in their writing text and the word choice effective.so their writing were very easy to understand.

4.2.4 Students' Writing in Language Use Aspect

In this aspect, nine students' writing no errors of agreement and proper word order. They are FFA, FR, GA, MSB, MWM, MM, ON, RR, SCB. But there is a student with the initial ARS had an error in writing abbreviation "The first

solution is to join a family planning program. Family Planning or more familiarly called KB is a national-scale program to reduce birth rates and control population growth in a country. The family planning program is also specifically designed to create progress, stability, and economic, social, and spiritual prosperity for every resident. The family planning program in Indonesia is regulated in Law No. 10 of 1992, which is run and supervised by the National Population and Family Planning Agency (BKKBN).

4.2.5 Students' Writing in Mechanic Aspect

In this aspect, three students with the initial RR, MWM, FR mechanics of their writing related to punctuation, spelling, capitalization had no difficulties. But there were seven students who had difficulty in writing mechanic aspect, they are: student with the initial ARS had a few errors of capitalization but meaning not obscured. "And the last solution is to improve the quality of natural resources. In relation to increasing human resources, there were several strategies that can be carried out, namely training or training. The goal is to develop individuals in terms of improving their skills, abilities, and attitudes. The second is education. The goal is to improve the quality of work. Which means a development that is formal and directly related to their careers. the third is construction. Coaching aims to develop the ability of an employee". Student with the initial FFA had an error in writing capital letter after the comma (,)

"The second, **Learn** as many new places as possible when we experience a culture shock. Look for information on the internet, news reports or novels about a new places.

The last, **Try** to see the surroundings through th perspective of local people. If we are going to the place for the first time or staying in a new place we need to get to know the culture of that places as much as possible. For example finding out what is considered polite and impolite in that place, so that we can accept differences."

Student with the initial GA has a few errors of capitalization but meaning not obscured. "First, The teacher should not give the students assignment all at once

and in short time". Student with the initial MSB has a few errors of capitalization but meaning not obscured. "The principal should provide opportunities and involve teachers in decision making and participate in training and teachers are advised to be comfortable doing their jobs and be able to schedule activities and rest well. (repositori.usu.ac.id). the three most commonly proposed solutions to this probem are take time to relax, tell your complaints to people we trust, and try to do a hobby. "Another solution to solve stress at work or school is tell your complaints to people we trust. Talking to people we trust about the problems we face about work or school can relieve stress. For example, when I was under stress because of the many and difficult college assignments, I told my childhood friend that I was dizzy and stressed dealing with many tasks. then he gave me various solutions. and from the solution he presented, I felt calmer and better, then I continued to do my duty with enthusiasm. By telling others, someone will help us by providing solutions or helping work. and it really helps us". Students with the initial MM has a few errors of capitalization but meaning not obscured.

"First, **Do** activities that match our interests. Do activities is the most of one way to overcome s tress". Student with the initial ON has a few errors of capitalization but meaning not obscured. "The last solutions are Communicate your problem with your family Or friend many cases in the world happen in the school because the student and family did not communicate". Student with the initial SCB wrote the word so that at the beginning of the sentence. "So that from the problem of this culture shock will be resolved properly and we can live in our daily life with comfort and can adapt quickly and dare to accept changes and differences when we go and live in foreign country in the future."

The researcher concluded that in the mechanic aspect, students had more difficulty in writing capital letters and so that was placed at the beginning of the sentence. Meanwhile, a good writing mechanism is used as the first element of the word at the beginning of the sentence and the word so that cannot be placed at the beginning of the sentence.

This research is supported by research conducted by Kristy Dwi Pratiwi (2012). The result of this research is the writing difficulty related to the linguistics difficulty (language use and vocabulary aspect) was most difficult one compare to the cognitive difficulty (organization and mechanics aspect) and physiology difficulty (content aspect) as well.

Based on the result of this study, it can be concluded that the third-grade students of English Education Department at Universitas Katolik Indonesia Santu Paulus Ruteng still had difficulty in writing of language use and mechanic aspect. Therefore, it is hoped that the lecturer of writing course will really pay attention to these difficulties.

CHAPTER V

CONCLUSION AND SUGGESTION

This chapter consists of conclusion and suggestion. The researcher concludes findings of the researcher and some useful suggestion.

5.1 Conclusion

Based on the result of this study, the researcher found that some thirdgrade students of English Education Department Faculty of Teacher Training and
Educational Sciences Saint Paul Catholic University of Indonesia Ruteng had a
few difficulties in writing the introduction part of the essay. The researcher also
grouped the difficulties into several aspects, namely content, organization,
vocabulary, language use, and mechanic. From the data of the students' writing, in
one hand, there were ten (10) students who had no difficulties in writing aspects
of content, organization, and vocabulary. On the other hand, the most difficulties
in writing the introduction part of the essay were seven (7) students who had
difficulty in writing the mechanics aspect and one (1) student who had difficulty
in writing the language use aspect.

5.2 Suggestion

After learning the result and the discussion, the researcher found that many students had difficulties in writing the introduction part of the essay, namely in writing aspects of language use and mechanics. It is expected that: firstly, for the teacher, the teachers should give a deeper explanation about the language use in the context of English based on the topic discussed, and also should pay more

attention to the correct mechanics of writing, so that students no longer had difficulties in these problems. Secondly, for the students, the students should learn more about the language use in the context of English and should also learn to the correct mechanics of writing. Thirdly, for the researcher, the result of the research can be used as reference for the students who will conduct the same research in teaching and learning process, especially in writing the essay with different samples or correlate it to another variable.

REFERENCES

- Ariyanti, A., & Fitriana, R. (2017). EFL students' difficulties and needs in essay writing. Advances in Social Science, Education and Humanities Research. International Conference on Teacher Training and Education 2017 (ICTTE 2017), Surakarta, Indonesia.
- Arikunto. 2006. Prosedur Penelitian. Suatu Pendekatan Praktik. Yogyakarta: Balai Pustaka
- Ary, D. 2002. Introduction to Research in Education. Sixth Edition. New York: Wardsworth
- Ashrafiany, Hasanuddin & Nonny, B (2020). The Students' Writing Difficulties In Writing An Essay Based On Cognitive Process.
- Bogdan, R. C., & Biklen, S. K. (1982). Qualitative research for education: An introduction the theory and methods. Boston: Allyn and Bacon.
- Creswell, J. W. 2009. Educational research: planning, conducting, and evaluating quantitative and qualitative research (3rd ed.). New Jersey: Pearson Education, Inc.
- Creswell, John W. 2015. Penelitian Kualitatif & Desain Riset. Yogyakarta: Pustaka Pelajar.
- Dalman. (2011). Menulis Karya Ilmiah. Jakarta: PT RajaGrafindo Persada.
- Flower, L (1990). Reading-to-Write: Exploring a Cognitive and Social Process.
- Gie, The Liang. 2002. Terampil Mengarang. Yogyakarta: Balai Pustaka.
- Harmer, Jeremy (2001). How to Teach English. Malaysia: Longman.
- Hawa, F., & Makmuroh, U. (2016). Curriculum 2013 in double major class: the teaching and learning process and the problems. *ETERNAL* (*English Teaching Journal*), 7(1), 96-111. http://doi.org/10.26877/eternal.v7i.2946
- Heaton, J. B. 1975. Writing English language tests: a practical guide for teachers of English as a second or foreign language. London: Longman.
- Pratiwi, D Kristy (2012). Students' Difficulties In Writing English. University of Bengkulu.

- Rianda, D. (2017). Code-Switching and Code Mixing Used by Boy William in Breakout Music program at Net TV. *Thesis*. Palangkaraya: state Islamic Institute of palangkaraya.
- Richard, Jack C and Willy A Renandya. 2002. Methodology in Language Teaching: An Anthology of Current Practice. Cambridge University.
- Sugiyono. (2015). Metode Penelitian Kombinasi (Mix Methods). Bandung: Alfabeta
- Sugiyono. (2016). Metode Penelitian Kuantitatif, Kualitatif dan R&D. Bandung: PT Alfabet.
- Suhaimah, B, Arif, M.Mahbub, Ayu, D. Nugraheni (2021). Investigating Writing Difficulties In Essay Writing: Tertiary Students' Perspectives.
- Sukmadinata. 2009. Landasan Psikologi dan Proses Pendidikan. Bandung: PT Remaja Rosdakarya.
- Susanto, A (2016). Teori Belajar dan Pembelajaran. Jakarta: Prenada Media Group.
- Widoyo, Heru. 2021. Improving the Quality of Learning through Story telling Method. Journal of Education, 6(2), 240-248
- Wilkinson, A. M. 1991. The Scientist's Handbook for Writing Papers and Dissertation. Englewood Cliffs, Nj: Prentice Hall.

APPENDICES

PARTICAPANTS' DATA

No	Initials	Students' Name	
1	ARS	Angelus Rico Sambora	
2	FFA	Febriani Filistin Ahul	
3	FR	Florensia Ratnasari	
4	GA	Gervasius Aldi	
5	MSB	Maria Sastriana Bahagia	
6	MWM	Maria Walanda Mazmur	
7	MM	Melania Mimul	
8	ON	Ofani Nabur	
9	PET	Patrisius Ervanto Tanjo	
10	RR	Regina Risaldiana	

THE DATA FROM THE LECTURE

